Golden Tara Prayers

Golden Tara is a manifestation of the enlightened mind of the Buddhas' protection for those traveling and all things and forms of transportation. At the beginning, when you enter the road to depart, remember and prostrate to all the Buddhas and Bodhisattvas who are in the ten directions, particularly those Buddhas and Bodhisattvas in the direction you are going.

Then make strong requests for the success of all your wishes.

Relying on Golden Buddha Tara will purify all obstacles to our physical movement and relocation.

To receive her blessings, recite her mantra 108 times three times a day.

Offerings made to Mother Tara can be those of clean cool water, fruit, plants, candles, of all colors, her offerings should be an array of all colors! Bright and cheerful! You may also place any other clean pure substance that you can afford or acquire honestly.

The most important thing is to offer sincere pure faith.

Create a clean, sacred space for a photo or other image of Mother Tara.

The space should be at the level of you heart when standing.

Place offerings in front.

Then follow the prayers below to Mother Tara

Go for refuge by saying:

I GO FOR REFUGE TO BUDDHA, DHARMA, AND SANGHA [3x]

THROUGH THE VIRTUES I COLLECT BY GIVING AND OTHER PERFECTIONS, MAY I BECOME A BUDDHA FOR THE BENEFIT OF ALL. [3x]

Generate Bodhichitta [the mind that wishes for all to be happy] by saying:

MAY EVERY ONE BE HAPPY.

MAY EVERYONE BE FREE FROM MISERY.

MAY NO ONE EVER BE SEPERATED FROM THEIR HAPPINESS.

MAY EVERY ONE HAVE EQUMINITY, FREE FROM HATRED AND ATTACHMENT

Dedicate the offerings by saying:

IDAM GURU MAN-DA-LA-KAM NI-RI-A-TI-AM-MI

Recite the Mantra:

OM TARE MAMA SARWA ARTHA SITAYE SVAHA 108x - 3x A DAY [before and during travel]

Then dedicate the merit you have collected to the long life and good health, and enlightenment of all by saying:

BY THIS VIRTUE MAY I QUICLKLY BECOME ARYA TARA. AND THEN LEAD EVERY LIVING BEING WITHOUT EXCEPTION TO THAT GROUND

THROUGH THE VIRTUES I HAVE COLLECTED BY WORSHIPING THE BLESSED MOTHER,

MAY EVERY LIVING BEING WITHOUT EXCEPTION BE BORN IN THE PURE LAND OF BLISS.